Stevenson High School Student Menu July 2022

4	5	6	7	8
	Comfort Food: Veggie Chilaquiles **Mindful:** Chicken Fajitas **Sides:** Corn, Lime Cilantro Rice **Soup:** Corn Chowder	**Comfort Food:** Tortellini with Marinara Sauce **Mindful:** Herb baked cod **Sides:** Scalloped Potatoes, Carrots **Soup:** Corn Chowder	**Comfort Food:** Turkey Sloppy Joes **Mindful:** Veggie Lo Mein **Sides:** Egg Roll, Cauliflower **Soup:** Corn Chowder	**Comfort Food:** Black Bean Jambalaya **Mindful:** Turkey Vesuvio **Sides:** Roasted Potatoes, Roasted Vegetables **Soup:** Corn Chowder
11	**12**	**13**	**14**	**15**
Comfort Food: Eggplant Parmesan **Mindful:** Chicken Parmesan **Sides:** Pasta, Zucchini **Soup:** Tomato Basil	**Comfort Food:** 3 Cheese Penne **Mindful:** Chopped Steak w/ Onion Gravy **Sides:** Mashed Potatoes, Green Beans **Soup:** Tomato Basil	**Comfort Food:** Tofu Stir-fry **Mindful:** Chicken Tempura Stir-fry **Sides:** Rice, Snow Peas **Soup:** Tomato Basil	**Comfort Food:** Spicy Whole Wheat Spaghetti **Mindful:** Roasted Italian Chicken Thigh **Sides:** Roasted Potatoes, Broccolini **Soup:** Tomato Basil	
18	**19**	**20**	**21**	**22**
Comfort Food: Baked Ravioli **Mindful:** Lemon Chicken **Sides:** Mashed Potatoes, Peas **Soup:** Corn Chowder	**Comfort Food:** Veggie Chilaquiles **Mindful:** Chicken Fajitas **Sides:** Corn, Lime Cilantro Rice **Soup:** Veggie Chili	**Comfort Food:** Tortellini with Marinara Sauce **Mindful:** Herb baked cod **Sides:** Scalloped Potatoes, Carrots **Soup:** Veggie Chili	**Comfort Food:** Turkey Sloppy Joes **Mindful:** Veggie Lo Mein **Sides:** Egg Roll, Cauliflower **Soup:** Veggie Chili	
25	**26**	**27**	**28**	**29**
Comfort Food: Eggplant Parmesan **Mindful:** Chicken Parmesan **Sides:** Pasta, Zucchini **Soup:** Chicken Noodle	**Comfort Food:** 3 Cheese Penne **Mindful:** Chopped Steak w/ Onion Gravy **Sides:** Mashed Potatoes, Green Beans **Soup:** Chicken Noodle	**Comfort Food:** Tofu Stir-fry **Mindful:** Chicken Tempura Stir-fry **Sides:** Rice, Snow Peas **Soup:** Chicken Noodle	**Comfort Food:** Spicy Whole Wheat Spaghetti **Mindful:** Roasted Italian Chicken Thigh **Sides:** Roasted Potatoes, Broccolini **Soup:** Chicken Noodle	

Daily options:
Burgers, Cheeseburgers, Veggie Burgers, Grilled Cheese, Chicken Tenders, Cheese Pizza, Pepperoni Pizza, and Salad bar

mindful
by sodexo