



Adlai E. Stevenson High School

One Stevenson Drive, Lincolnshire, Illinois 60069

(847) 415-4000 • <http://d125.org>

Comfort Dog Session Permission Slip

Dear Student & Parent/Guardian:

Stevenson High School is committed to ensuring the health and well-being of our students! We acknowledge that final exam days may be a stressful time for many of our students as they strive to achieve their goals in each class. In an effort to provide students with support and encouragement during this time, Student Services has organized DeStress Days. This program, which occurs on each of the final exam days, includes activities designed to provide a fun, relaxing, and supportive outlet for students.

One of the DeStress Days activities on Wednesday 5/23 is sessions with comfort dogs. SHS will host two comfort dogs on this day. Interested students will be able to sign-up for a 15-minute session during which they will be able to interact with the dog while learning about the physiological impact of animals on managing stress and other difficult emotions. The dogs and their handlers have received extensive training and are certified to work in school settings as comfort dogs.

In order for students to participate in a session with a comfort dog, a parent/guardian must sign this permission slip (below) to provide consent and to certify that the student does not have any allergies and/or other health conditions which preclude them from interacting with a dog. Students must then return this signed permission slip to 2412 (Gold Student Services). The student will then be emailed a link to sign-up for a specific time slot with the dog. ***Please note that comfort dog sessions are limited. Spots will be assigned based on the order in which students respond to the sign-up link.***

Comfort Dog Session Details

- On Wednesday 5/23, students will be able to sign up for a fifteen-minute session with a comfort dog.
- Sessions will be held in the College/Career Center before school and throughout the school day.
- In order to participate, students must submit this signed permission form to 2412. An email with a link to sign up for a session will then be sent to the student.
- Spots are limited and will be assigned according to the order in which students return the permission slip and respond to the sign-up link.
- Students may only sign up for one session.
- Students may not sign up for a session during a class/final exam.

Stevenson High School will be offering comfort dog sessions for students on Wednesday 5/23. In order to participate, students must obtain the approval of their parent/guardian. Please sign the attached permission slip to indicate that your child is allowed to participate in a comfort dog session. This form must be returned to 2412 before students are able to sign up for a session. Session spots are limited.

Comfort Dog Session Permission Slip

I have read the information about the comfort dog sessions and understand the guidelines and procedures.

Student Signature: _____
Date

My child, _____
has my permission to participate in a comfort dog session on Wednesday 5/23/2018. My child does not have any allergies and/or health conditions that preclude them from interacting with a dog. I have reviewed the details about the comfort dog sessions.

Parent Signature: _____
Date

Preferred email to send sign up link to: _____