



Comfort Dog Session Permission Slip

Dear Student & Parent/Guardian:

Stevenson High School is committed to ensuring the health and well-being of our students! We acknowledge that, throughout the year, students can experience stress as they strive to achieve their goals in each class. In an effort to provide students with ongoing support and encouragement, Student Services has organized a year-long mental health wellness series. This series consists of programs that occur once per month and include activities designed to provide a fun, relaxing, and supportive outlet for students.

One of the activities is sessions with comfort dogs and is set to occur multiple times throughout the school year (February 8th, 2019; April 18th, 2019; and May 20th, 2019). SHS will host comfort dogs during lunch periods on these days. Interested students will be able to come in for a 10-minute session during which they will be able to interact with the dog while learning about the physiological impact of animals on managing stress and other difficult emotions. The dogs and their handlers have received extensive training and are certified to work in school settings as comfort dogs.

In order for students to participate in a session with a comfort dog, a parent/guardian must sign this permission slip to provide consent and to certify that the student does not have any allergies and/or other health conditions which preclude them from interacting with a dog. Students must then come to the CCC during their lunch or free period 4th, 5th or 6th periods on the dates and check in with staff to be admitted into the comfort dog space. Please note that comfort dog sessions are limited. Spots will be assigned based on the order in which students arrive to the CCC each period each day.



Comfort Dog Session Details Overview:

- **On February 8th, 2019, April 18th, 2019, and May 20th, 2019, students will be able to sign up for a ten-minute session with a comfort dog.**
- **Sessions will be held in the CCC during 4th, 5th, and 6th periods.**
- **In order to participate, students must have their parent or guardian sign this permission slip and then the student must check in with a staff member when they arrive to the CCC on the scheduled dates during 4th, 5th, or 6th period.**
- **Spots are limited and will be assigned according to the order in which students arrive to the CCC.**
- **Students may not sign up for a session during a class.**

I have read the information about the comfort dog sessions and understand the guidelines and procedures.

My child has my permission to participate in comfort dog sessions throughout the 2018-2019 school year. My child does not have any allergies and/or health conditions that preclude them from interacting with a dog.

Student Name: _____

Parent/Guardian Signature: _____

I consent to allow my child's photo to be taken while in attendance at the comfort dog sessions and acknowledge that the photos may be used on the comfort dog agency's social media or website.

Yes _____ No _____