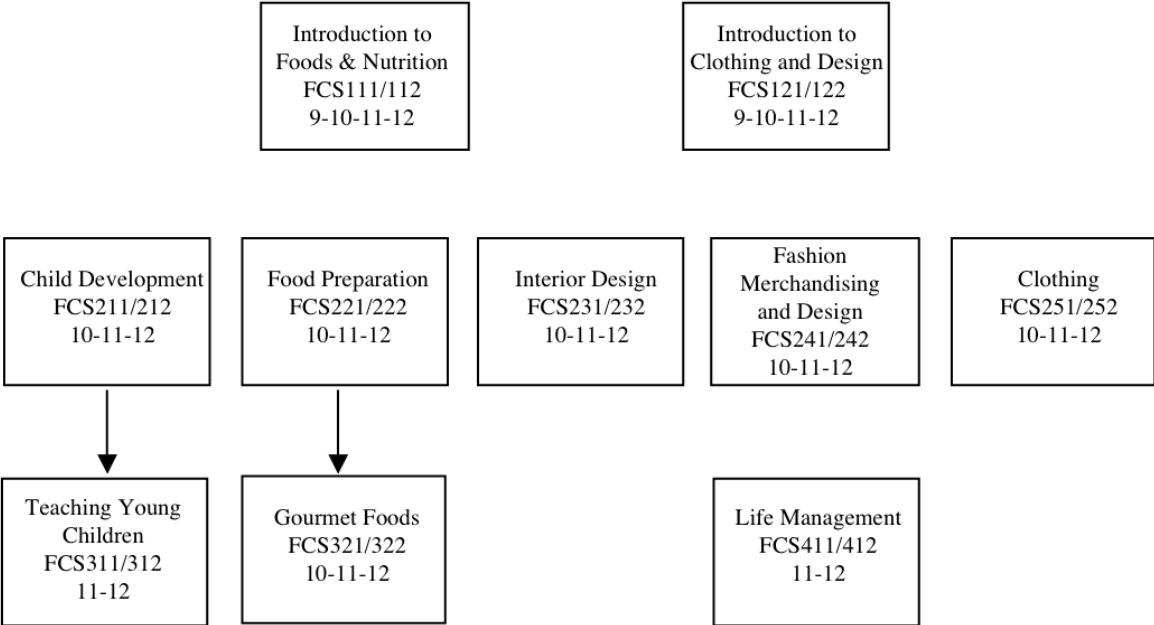


# FAMILY AND CONSUMER SCIENCES DEPARTMENT



## Suggested Course Sequence

Foods Sequence: Careers related to Nutrition and Food Preparation

- Introduction to Foods and Nutrition Foods
- Food Preparation
- Gourmet Foods

Child Development Sequence: Careers related to Children, Psychology, and Teaching

- Child Development
- Teaching Young Children (May be taken for one or more semesters and credits.)

Fashion and Design Sequences: Careers related to Fashion Design, Merchandising, Retailing, Textiles, and Advertising

- Introduction to Clothing and Design
- Clothing (May be taken up to two credits)
- Fashion Merchandising and Design

Interior Design Sequence: Careers related to Interior Design and Retailing

- Introduction to Clothing and Design
- Interior Design
- Clothing

Social and Emotional Awareness

- Life Management



Family and Consumer Sciences offers a broad range of courses designed to develop practical life skills such as decision making, consumer issues, preparation for college, healthy relationship and interpersonal skills. Many of the courses have a lab component.

### **Introduction to Clothing and Design (College Prep)**

*GPA Waiver Option*

FCS121-Semester 1, FCS122-Semester 2

Open to 9-10-11-12

One Semester

*Prerequisite: None*

In this introductory course students will have the opportunity to develop a range of skills in fashion design, clothing construction and interior design. Through lab use, projects and activities, students will learn to integrate these concepts into the context of individual and family life.

### **Clothing (College Prep)**

*GPA Waiver Option*

FCS251-Semester 1, FCS252-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: None*

Clothing is a lab-oriented course where students learn about construction techniques and fabric and pattern selection. Students will apply learning to their personal ready-to-wear apparel and accessories. This course can be taken multiple times for credit and as an Independent Study.

### **Child Development (College Prep)**

*GPA Waiver Option*

FCS211-Semester 1, FCS212-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: None*

The Child Development course learning targets study the development of children using a variety of projects and activities. During the course of the semester, the physical, emotional, intellectual, social, and moral development of children from prenatal to age six is examined.

### **Teaching Young Children (College Prep)**

*GPA Waiver Option*

FCS311-Semester 1, FCS312-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: Child Development*

Teaching Young Children offers students the opportunity to interact with and teach pre-school and kindergarten aged children in the Little Patriots Day School. Students will prepare and teach lessons, observe children, and assess individual children's developmental progress. This course provides a valuable opportunity for the students to explore their interests in this growing and challenging field and can be taken for more than one semester with credit earned for each semester.

**Introduction to Foods and Nutrition (College Prep)***GPA Waiver Option*

FCS111-Semester 1, FCS112-Semester 2

Open to 9-10-11-12

One Semester

*Prerequisite: None*

This course is designed to be an introduction to the basic principles of food preparation, nutrition, and wellness. The course is centered on healthy food and lifestyle choices to enhance student awareness in regards to personal food choices, physical activity, healthy weight management, and the enhancement of athletic and academic performance.

**Food Preparation (College Prep)***GPA Waiver Option*

FCS221-Semester 1, FCS222-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: None*

This course evaluates the impact of our food choices while studying nutrition, the science behind foods, and basic food purchasing. Students gain basic culinary skills while working in the foods lab.

**Gourmet Foods (College Prep)***GPA Waiver Option*

FCS321-Semester 1, FCS322-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: Food Preparation*

This course teaches students advanced food preparation skills with hands-on work in the foods lab focusing on regional American and international cuisine. A global perspective is gained through the exploration of international culture and food customs. Students will examine the current food supply and study the major influences and controversies associated with producing and distributing food.

**Interior Design (College Prep)***GPA Waiver Option*

FCS231-Semester 1, FCS232-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: None*

Interior Design is a project-based course where students explore design as it relates to housing and commercial interiors. This course integrates the application of design principles with the living environment, environmentally friendly design, color, and the efficient use of design in the context of individual and family lifestyles. Emphasis is on using available resources effectively to meet individual and housing needs.

**Fashion Merchandising and Design (College Prep)***GPA Waiver Option*

FCS241-Semester 1, FCS242-Semester 2

Open to 10-11-12

One Semester

*Prerequisite: None*

Fashion Merchandising and Design is a project-based course designed for students interested in the fashion industry, fashion design, and merchandising of fashion related products. Learning targets of this course include an overview and the evolution of the fashion industry, trends and movement of fashion, career development, merchandising, promotion, and fashion and accessory design.

**Life Management (College Prep)***GPA Waiver Option*

FCS411-Semester 1, FCS412-Semester 2

Open to 11-12

One Semester

*Prerequisite: None*

Life Management allows students to explore a variety of topics designed to help them meet the challenges of life after high school. Curriculum learning targets for this course are designed to enhance the social and emotional development of students to aim to become self-sufficient citizens within their communities throughout high school and beyond. Within this course, the students will explore Sean Covey's book, 7 Habits of Highly Effective Teens. Whether a student plans to pursue further study or employment after high school, an understanding of self, healthy relationships and practical decision making skills will help to develop responsibility and independence.